



LYNDA CHELDELIN FELL

Lynda Cheldelin Fell is founding partner of the International Grief Institute, and international bestselling author of over 35 books including the award-winning Grief Diaries series. With her background as a firefighter/EMT, Lynda specializes in trauma, grief, compassion fatigue, and holds a national certification in critical incident stress management. A popular keynote speaker and educator, she is a member of the continuing education faculty at Whatcom Community College. To research grief's impact on society, she has interviewed people around the world including societal figures such as Martin Luther King's daughter, and Heaven is For Real's Pastor Todd Burpo. She has earned seven national literary awards and six national advocacy award nominations for her work.



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Experience

Founding Partner, International Grief Institute

Accredited certification training, personal enrichment courses, educational workshops, and turnkey products and services for the funeral and bereavement care industries.

CEO, AlyBlue Media, LLC

Award-winning Grief Diaries anthology series, Grief Diaries Radio, Moments of Hope Show, educational content and resources.

Whatcom Community College, Continuing Education faculty

International Critical Incident Stress Management Foundation

Certified in Critical Incident Stress Management, Group Crisis Intervention, Assisting Individuals in Crisis, Managing School Crises

Bellingham Technical College, Instructor

PeaceHealth Hospital, NICU Volunteer Trainer & member of Perinatal Bereavement Committee

Firefighter/EMT, Whatcom County, Washington

CERTIFICATIONS

- Critical Incident Stress Management Educator
- Certified Emergency Medical Technician
- Certified Firefighter
- Certified Public Speaker
- Certified Laugh Facilitator



Publications

ARTICLES (partial list):

Women's Health Magazine
New York Daily News
Huffington Post
Human Resource Executive magazine
WE Magazine for Women
New Living Magazine
LifeZette

BOOKS & MANUALS (partial list of 40+ books):

iCare Facilitator Manual for Christian Grief Support Groups
iCare Participant Workbook for Christian Grief Support Groups
iCare Facilitator Manual for Community Grief Support Groups
iCare Participant Workbook for Community Grief Support Groups
Compassion Fatigue: 25 evidence-based strategies to mitigate funeral care burnout
Aftercare Solutions Manual
Grief Diaries: Surviving Loss by Overdose
Grief Diaries: Surviving Sudden Loss
Grief Diaries: Surviving Loss by Cancer
Grief Diaries: Surviving Loss of a Spouse
Grief Diaries: Surviving Loss of a Child
Grief Diaries: Surviving Loss of a Sibling
Grief Diaries: Surviving Loss of a Parent
Grief Diaries: Surviving Loss of an Infant
Grief Diaries: Surviving Loss of a Loved One
Grief Diaries: Surviving Loss by Suicide
Grief Diaries: Surviving Loss of Health
Grief Diaries: How to Help the Newly Bereaved
Grief Diaries: Loss by Impaired Driving
Grief Diaries: Loss by Homicide
Grief Diaries: Loss of a Pregnancy
Grief Diaries: Hello from Heaven
Grief Diaries: Grieving for the Living
Grief Diaries: Shattered
Grief Diaries: Project Cold Case
Grief Diaries: Through the Eyes of Men



Appearances/Radio/TV (partial list)

KGMI Radio (June 2014), Bellingham, WA
Grief Diaries Live (July 2014), Lake Tahoe
Grief Diaries Live (Aug. 2014), Nashville
KGMI Radio (Jan. 2015), Bellingham, WA
KGMI Radio (June 2015), Bellingham, WA
Host, National Grief & Hope Convention (April 2015), Indianapolis
NBC-KING 5 news, Seattle (June 2015)
Keynote, Campfire Organization Annual Gala (2015), Everett, WA
Open to Hope TV (April 2016), Manhattan
Open to Hope Radio (March 2017), Manhattan
KBAI Radio (Dec. 2016), Bellingham, WA
KBAI Radio (May 2017), Bellingham, WA
NBC-KING 5 news, Seattle (June 2017)
Open to Hope TV (Feb. 2018), Tucson
Keynote (Mar. 2018), National Alliance on Mental Illness, Bellingham, WA
Keynote (Aug. 2018), Hospice of the Northwest Annual Summit, Mt. Vernon, WA
KDWB Radio 1460 AM (Sep. 2018), Hastings, Minnesota
My Playbook of Hope (Jan. 2019), Grief Resources Expo, Las Vegas
Welcome Home Veterans Radio (Mar. 2019), Ocean City, NJ
Managing Grief in the Workplace (Mar. 2019), Annual Safety & Health Conference, Bellingham, WA
Managing Grief in the Workplace (April 2019), Association for Death Education & Counseling Annual Conference, Atlanta
My Playbook of Hope (May 2019), Seabeck Annual Conference, Seattle
My Playbook of Hope (August 2019) Bereaved Parents of the USA Annual Gathering, St. Louis
Resilience Rx (October 2019) Whatcom Community College, Bellingham, WA
Resilience Rx (February 2020) Whatcom Community College, Bellingham, WA
Compassion Fatigue: 10 Ways to Mitigate Bereavement Career Burnout (March 2020), Seattle University
Keynote (April 2020), The Grief Cruises, Royal Caribbean
Advisor to and featured in Guided Grief, a video series by MKJ Marketing (2022)
Compassion Fatigue (June 2022), Virginia Funeral Directors Annual Conference
Compassion Fatigue, (Jan. 2023), Indiana Funeral Directors Relevance Conference, Notre Dame, Indiana
Compassion Fatigue (March 2023), National Funeral Directors Meet the Mentors, Atlanta
Aftercare 101 (May 2023), Indiana Funeral Directors Annual Conference
Compassion Fatigue (June 2023), National Funeral Directors Leadership Conference, Phoenix
Compassion Fatigue (Sept. 2023), National Funeral Directors Annual Convention, Las Vegas
Compassion Fatigue (Oct. 2023), Funeral Service & Cremation Alliance of Wisconsin, Green Bay
Compassion Fatigue (Nov. 2023), National Funeral Directors live webinar
Compassion Fatigue (Feb. 2024), South Carolina Funeral Directors Midwinter Conference 2024