

Just For Today

GRIEF
SPACE
Support Practices Adapted FOR THIS Challenging Era



www.InternationalGriefInstitute.com

Just for today,

May you embrace wherever you are on your journey.
May you experience the kindness of your community,
and may you reach out in love and friendship
to someone who is wrestling with their own challenges.
May you be present to the beauty that surrounds you
and may the unspoken prayer of your heart
be answered and fulfilled.

