



LYNDA CHELDELIN FELL

Lynda Cheldelin Fell is founding partner of the International Grief Institute, international bestselling author of over 35 books including the award-winning Grief Diaries series, and curriculum developer for IGI University. With a background in trauma, grief, and critical incident stress management, Lynda develops educational content and teaches professional development courses and certifications across the nation. A popular educator and member of the continuing education faculty at Whatcom Community College, she has earned six national literary awards and five national advocacy award nominations for her work.



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Experience

Founding Partner, International Grief Institute

Accredited certification training, personal enrichment courses, educational workshops, and turnkey products and services for the funeral and bereavement care industries.

CEO, AlyBlue Media, LLC

Award-winning Grief Diaries anthology series, Grief Diaries Radio, Moments of Hope Show, educational content and resources.

Whatcom Community College, Continuing Education faculty

IGI University, Administration/Instructor

International Critical Incident Stress Management Foundation

Certified in Critical Incident Stress Management, Group Crisis Intervention, Assisting Individuals in Crisis, Managing School Crises

Bellingham Technical College, Instructor

PeaceHealth Hospital, NICU Volunteer Trainer & member of Perinatal Bereavement Committee

Firefighter/EMT (ret.)

CERTIFICATIONS

- Critical Incident Stress Management Educator
- Certified Public Speaker
- Certified Laugh Facilitator



Publications

ARTICLES (partial list):

Women's Health Magazine
New York Daily News
Huffington Post
Human Resource Executive magazine
WE Magazine for Women
New Living Magazine
LifeZette

BOOKS & MANUALS (partial list of 40+ books):

Compassion Fatigue: 10 ways to mitigate compassion fatigue & bereavement care burnout
Aftercare Solutions Manual, coauthored with Linda B. Findlay
iCare Facilitator Manual for church leaders & congregants, coauthored with Linda B. Findlay
iCare Participant Workbook for church groups, coauthored with Linda B. Findlay
iCare Chapter Manual for community groups, coauthored with Linda B. Findlay
iCare Chapter Workbook for community groups, coauthored with Linda B. Findlay
Grief Diaries: Surviving Loss by Overdose
Grief Diaries: Surviving Sudden Loss
Grief Diaries: Surviving Loss by Cancer
Grief Diaries: Surviving Loss of a Spouse
Grief Diaries: Surviving Loss of a Child
Grief Diaries: Surviving Loss of a Sibling
Grief Diaries: Surviving Loss of a Parent
Grief Diaries: Surviving Loss of an Infant
Grief Diaries: Surviving Loss of a Loved One
Grief Diaries: Surviving Loss by Suicide
Grief Diaries: Surviving Loss of Health
Grief Diaries: How to Help the Newly Bereaved
Grief Diaries: Loss by Impaired Driving
Grief Diaries: Loss by Homicide
Grief Diaries: Loss of a Pregnancy
Grief Diaries: Hello from Heaven
Grief Diaries: Grieving for the Living
Grief Diaries: Shattered
Grief Diaries: Project Cold Case
Grief Diaries: Through the Eyes of Men



Media (partial list)

Radio/TV/Keynotes

KGMI Radio (June 2014), Bellingham, WA

Grief Diaries Live (July 2014), Lake Tahoe

Grief Diaries Live (Aug. 2014), Nashville

KGMI Radio (Jan. 2015), Bellingham, WA

KGMI Radio (June 2015), Bellingham, WA

Host, National Grief & Hope Convention (April 2015), Indianapolis

NBC-KING 5 news, Seattle (June 2015)

Keynote, Campfire Organization Annual Gala (2015), Everett, WA

Open to Hope TV (April 2016), Manhattan

Open to Hope Radio (March 2017), Manhattan

KBAI Radio (Dec. 2016), Bellingham, WA

KBAI Radio (May 2017), Bellingham, WA

NBC-KING 5 news, Seattle (June 2017)

Open to Hope TV (Feb. 2018), Tucson

Keynote (Mar. 2018), National Alliance on Mental Illness, Bellingham, WA

Keynote (Aug. 2018), Hospice of the Northwest Annual Summit, Mt. Vernon, WA

KDWA Radio 1460 AM (Sep. 2018), Hastings, Minnesota

My Playbook of Hope (Jan. 2019), Grief Resources Expo, Las Vegas

Welcome Home Veterans Radio (Mar. 2019), Ocean City, NJ

Managing Grief in the Workplace (Mar. 2019), Annual Safety & Health Conference, Bellingham, Washington

Managing Grief in the Workplace (April 2019), Association for Death Education & Counseling Annual Conference, Atlanta

My Playbook of Hope (May 2019), Seabeck Annual Conference, Seattle

Managing Grief in the Workplace (June 2019), National Alliance for Grieving Children National Symposium, Salt Lake City (June 2019)

My Playbook of Hope (August 2019) Bereaved Parents of the USA Annual Gathering, St. Louis

Resilience Rx (October 2019) Whatcom Community College, Bellingham, Washington

Resilience Rx (February 2020) Whatcom Community College, Bellingham, Washington

Compassion Fatigue: 10 Ways to Mitigate Bereavement Career Burnout (March 2020), Seattle University

Keynote (April 2020), The Grief Cruises, Royal Caribbean