



# INTERNATIONAL GRIEF INSTITUTE

[www.internationalgriefinstitute.com](http://www.internationalgriefinstitute.com)  
360- 553-4200

## DEBRIEFING SERVICES

### Services

IGI debriefing services is a simple yet powerful group discussion led by trained facilitators who help reduce the impact of an upsetting event and accelerate the transitional process as a team. Debriefing sessions are 2 to 3 hours in length for groups up to 15. The secure, confidential environment facilitates constructive emotional expression, grants staff a useful opportunity to process stressors associated with the event, and provide a supportive atmosphere to voice concerns and ask questions.

## IMPORTANCE

### of proactive management

When loss happens to one employee, it affects everyone in the office and is traumatizing for many. Debriefing—a model developed in 1974 and now used around the world—addresses staff crisis within 72 hours and sets the tone that pulling together is a team effort that benefits everyone, including the company. Because humans need to talk and grief doesn't stay in the cubicle.



## ON-SITE SERVICES

### Call for information

#### BENEFITS:

- 2 to 3-hour debriefing meeting led by trained facilitators
- Tailored to address all types of loss
- Promotes the recovery process
- Enhances group cohesion and team performance
- Reduces the impact of an upsetting event
- Proactively manages office gossip

Learn more about our programs at [www.internationalgriefinstitute.com](http://www.internationalgriefinstitute.com).  
360-553-4200 or [learn@internationalgriefinstitute.com](mailto:learn@internationalgriefinstitute.com) for a free consultation.